

DISTANCE LEARNING

Information and Ideas for Families

DAILY HOME SCHEDULE EXAMPLE

- 7:00 BREAKFAST
- 7:30 FREE PLAY
- 8:30 LEARNING ACTIVITIES
- 10:00 SNACK
- 10:30 CRAFTS
- 11:00 MOVEMENT ACTIVITIES
- 11:30 STORY TIME
- 12:00 LUNCH
- 12:30 OUTDOOR PLAY
- 1:30 LEARNING ACTIVITIES
- 3:00 COOKING & SNACKS
- 4:00 GAMES & PUZZLES
- 4:30 FREE PLAY
- 5:30 DINNER
- 6:00 FREE PLAY & TECH TIME
- 7:30 BEDTIME

Learning

- WPS Website links
- Matching
- Counting
- Colors/Shapes
- Patterns
- Letters/Numbers
- Describing
- Rhyming

Crafts

- Collages
- Painting
- Sand
- Cardboard
- Scrapbooks
- Beads
- Sewing
- Drawing

Movement

- Dance party
- Movement songs
- Obstacle course
- Exercises
- Brain breaks
- Yoga
- Jumping jacks
- Push-ups

Free Play

- Legos/Blocks
- Make a fort
- Puppet show
- Doll house
- Dramatic play
- Build a city
- Sensory bin
- Playdough

Cooking

- Homemade pizza
- Popsicle
- Popcorn
- Play dough
- Slime
- Jello/pudding
- Fruit salad
- Applesauce

Story Time

- WPS Website links
- Books on tape
- Picture walks
- Story retelling
- Comprehension questions
- Story elements
- Puppet shows

Games

- Puzzles
- Chess/Checkers
- Playing cards
- Hide & seek
- Board games
- Charades
- Simon says
- I Spy

Outdoor

- Ride bikes
- Nature walk
- Scavenger hunt
- Chalk
- Hopscotch
- Bubbles
- Jump rope
- Races/Tag

ADDITIONAL RESOURCES:

Visit the Winchester Public Schools website for more information and resources.

<http://www.wps.k12.va.us>

TweetWPS